



# Colibrí Beach

HOTEL



CASA PLAYA DEL CARMEN  
MASSAGE SERVICES



## **RELAXING MASSAGE**

A traditional massage using different strokes and techniques to relax the muscles.

## **DEEP TISSUE**

Can help your body bounce back from an injury by increasing blood flow while reducing inflammation. It can also break down scar tissue. Which is amazing.

## **THERAPEUTIC**

It is a fusion of techniques that allows us to give a more personalized massage and focus on the areas of greatest need in your body.

## **AROMATHERAPY**

One of the most popular treatments in our menu, aromatherapy massage combines the power of essential oils with massage therapy, Benefitting both the mind and the body.

## **LOMI-LOMI**

Your therapist will use only his forearms to immerse you in a relaxing, but very deep dance at the same. The pressure can be medium or strong.





## **FACIALS**

You can choose between a hydrating facial, deep cleansing or anti-aging.

## **BODY SCRUB**

Our skin is covered with dead cells that do not allow you to breathe or renew properly, an exfoliation will allow you to show a healthy skin, free of dead cells and ready to take the best of the tanned.

## **HOT STONE**

It is a delightfully relaxing and serene treatment using warm basalt stones to massage the body from head-to-be.



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